

**OPEN BOOK EXAMINATION SCHEME 2020
MASTER OF PHYSICAL EDUCATION
M.P.Ed. Sem. I, MARCH-2021**

PAPER MPE -0703 (viii)

GAME OF SPECIALIZATION: (HANDBALL)

Instruction for students:-

- a) Attempt any **FOUR QUESTIONS**. All questions carry equal marks.
- b) The duration of question paper is of **4 hours duration out of which** the student is provided with **3 hours for answering** the question paper and **1 hour is given for** downloading the question paper, scanning the answer sheet in PDF format and uploading the scanned PDF of the answer sheet on the portal.

Maximum Marks: 50

- Q. 1 Discuss the role & responsibilities of International Federation of Hand Ball.
- Q. 2 Describe various offensive systems of play along with their advantages & disadvantages in the game.
- Q. 3 Discuss duties of all technical officials responsible for conducting a Handball match.
- Q.4 Make a Score sheet for a Inter College Hand Ball match.
- Q.5 What are different fitness components required by a Hand Ball players for different playing positions. Discuss them briefly.
- Q.6 Discuss principles of Load & adaptation briefly.