

M.P.Ed Sem IV May/June 2021

Paper: MPE1002 Fundamentals of Sports Psychology

time: (3hr + 1hr *)

Max. Marks – 50

*** For Uploading QP, Scanning Answer Sheet and Uploading it.**

Instruction for the candidate

- 1. Attempt any Four questions. All question carries equal marks.**

Q1. Explain the developmental characteristics of childhood and adolescence with regard to motor development.

Q2.” Excessive use of extrinsic motivation sometime may kill intrinsic motivation”. Justify your answer.

Q3. What techniques would you suggest to motivate children for sports participation?

Q4. Write a script of instructed mental practice for learning any skill of your game of choice.

O5 . Write an essay on Psycho-Regulative Techniques.

Q6. Explain different types of spectators and their role in sports performance.