

OPEN BOOK EXAMINATION SCHEME 2020

MASTER OF PHYSICAL EDUCATION

M.P.Ed. Sem. III Nov/Dec 2020

**Paper – MPE – 0905:
(ATHLETE'S CARE AND REHABILITATION)**

SET - II

Instruction for students:

- a) Attempt any **FOUR QUESTIONS**. All question carry equal marks.
- b) The duration of question paper is of **4 hours duration out of which** the student is provided with **3 hours for answering** the question paper and **1 hour is given for** downloading the question paper, scanning the answer sheet in PDF format and uploading the scanned PDF of the answer sheet on the portal.

Maximum Marks: 50

- Q1. Discuss on the Principles of Athletic Care and Rehabilitation. (12.5)
- Q2. Explain in detail the Physical, Physiological, bio-chemical and bio-mechanical differences between men and women in Sports. (12.5)
- Q3. Explain about nutrition & Sports performance. Discuss side effects, detection and sanction against doping. (12.5)
- Q4. Discuss on Causes of sports injuries. (12.5)
- Q5. Explain the meaning, definition, classification and benefits of Ergogenic Aids in sports. (12.5)
- Q6. Explain the Role of Physical Educators in Athletic care and Rehabilitation. (12.5)

