

Serial No. 1153(v)

Roll No.....

**MASTER OF PHYSICAL EDUCATION
(M.P.Ed.) SEMESTER-II-2018**

**Paper: MPE-803 (v): Game of Specialization
Cricket**

Time: 3 Hrs.

Maximum Marks: 50

(Write your Roll No. on the top right side immediately on receipt of this question paper)

Note: Attempt any FIVE questions. All question carry equal marks.

- Q.1. What do you understand by diet and nutrition? Write down the importance of diet and nutrition for cricket players. 10
- Q.2. Explain the safety measures and their importance in Cricket. 10
- Q.3. Prepare a one year coaching schedule for national level Cricket Team. 10
- Q.4. Describe the Mechanical analysis of any one skill in Cricket. 10
- Q.5. Write short note on any two of the following:- (5x2=10)
- (a) Coaching Lesson Plan
 - (b) Offensive Play in Cricket
 - (c) Importance of good Equipments in Cricket.
- Q.6. What is Load? Explain overload in detail 10
- Q.7. Explain the role of print and electronic media in promoting Cricket. 10
- Q.8. Write down in detail the importance of sports psychology in preparing Cricket Players. 10