

Roll No. 2052 (xiv)

Roll No.: \_\_\_\_\_

MASTER OF PHYSICAL EDUCATION  
(M.P.Ed.) SEMESTER - II, May - 2017

Paper - MPE-0803 (xiv): GAME OF SPECIALIZATION  
(VOLLEYBALL)

Time 03 Hours.

Maximum Marks: 50

Write your Roll No. on the top right side immediately on receipt of this question paper)

Note: Attempt any FIVE questions. All questions carry equal marks.

1. Prepare a coaching lesson plan of 50 minutes duration on the skill of Overhead pass. (10)
2. Explain the objectives of Coaching in detail. (10)
3. Prepare a coaching schedule of one session of two hours on any one skill of your choice. (10)
4. Explain 4 -2 offensive system of play with suitable illustration. (10)
5. Explain individual tactics on service and spiking. (10)
6. How will you rehabilitate a Volleyball player who has suffered ankle sprain during a Competition? Explain. (10)
7. Write a press report on Opening Ceremony of a State Level Volleyball Tournament. (10)
8. Write short notes on any two of the following:- (10)
  - a) Biomechanical analysis of any skill of your choice. (05)
  - b) Coaching schedule. (05)
  - c) Pep talk before and during match. (05)