

Serial No. 2052 (x)

Roll No.: _____

**MASTER OF PHYSICAL EDUCATION
(M.P.Ed.) SEMESTER - II, May - 2017**

**Paper - MPE-0803 (x) : GAME OF SPECIALIZATION
(JUDO)**

Time: 03 Hours.

Maximum Marks: 50

(Write your Roll No. on the top right side immediately on receipt of this question paper)

Note: Attempt any FIVE questions. All questions carry equal marks.

1. Explain the causes, symptoms and management of Overload. (10)
2. Explain the various training methods of Physical Fitness. (10)
3. Explain the Psychological considerations for High Performance in Judo. (10)
4. Discuss on short term planning for Competition. (10)
5. Write a note on performance analysis in Judo. (10)
6. Explain the difference stages of technique coaching in Judo with their applications and principles. (10)
7. Explain the means and methods of teaching lesson plan. (10)
8. Prepare a training schedule for beginner player of Judo. (10)