

**MASTER OF PHYSICAL EDUCATION
(M.P.Ed.) SEMESTER- II, May - 2017**

**Paper - MPE-0803 (ix) : GAME OF SPECIALIZATION
(HOCKEY)**

Time: 03 Hours.

Maximum Marks: 50

(Write your Roll No. on the top right side immediately on receipt of this question paper)

Note: Attempt any FIVE questions. All questions carry equal marks.

1. "Coaching in an Art". Discuss the statement explaining objectives of the Coaching. (10)
2. Discuss the following:- (10)
 - (i) Identification of winning combination. (05)
 - (ii) Factors effecting Coaching schedule (05)
3. Discuss the Aims & Objectives of Long Term & Short Term Training Plans. (10)
4. Write a note on Nutritional requirements of Hockey Players. (10)
5. Explain Biomechanical Analysis of any one Skill in Hockey. (10)
6. Discuss in detail in principles of training load & adaptation in sports. (10)
7. Write a note on the following:- (10)
 - (i) Recovery & Super-compensation. (05)
 - (ii) Prevention of injuries in Hockey. (05)
8. Write in brief on any two of the following:- (10)
 - (i) Management of team during Competition. (05)
 - (ii) Marketing strategy (05)
 - (iii) Writing Press Release & Reports. (05)