

Serial No. 2052 (iii)

Roll No.: \_\_\_\_\_

**MASTER OF PHYSICAL EDUCATION  
(M.P.Ed.) SEMESTER - II, May - 2017**

**Paper - MPE-0803 (iii): GAME OF SPECIALIZATION  
(BADMINTON)**

Time: 03 Hours.

Maximum Marks: 50

Write your Roll No. on the top right side immediately on receipt of this question paper)

**Note: Attempt any FIVE questions. All questions carry equal marks.**

1. What are motor components? What are the various methods to improve motor components? (10)
2. What are the various methods and principles of training load? (10)
3. What are the physiological and psychological considerations in Badminton? (10)
4. What is the cyclic process of training? Explain all the cycles in detail? (10)
5. Write notes on any two: (10)
  - (i) Teaching and coaching aids (05)
  - (ii) Knowledge tests (05)
  - (iii) Build up competitions. (05)
6. Prepare a coaching lesson plan for intermediate badminton player of competition phase? (10)
7. What are the causes, symptoms and management of over-load? (10)
8. Write notes of any two: (10)
  - (i) Anatomical considerations in Badminton (05)
  - (ii) Tactics of Badminton (05)
  - (iii) Strength Tests (05)